

D1 Overview

1

FOUNDATION _____

Have you ever been discipled? YES NO SOMEWHAT

Meaning you've had someone specifically and intentionally invest in your spiritual journey and walk with Christ consistently for a season.

If so, how recently? For how long a period? _____

(1) **Are you making disciples?** YES NO SOMEWHAT MAYBE DON'T KNOW

(2) **Is Bethel making disciples?** YES NO SOMEWHAT MAYBE DON'T KNOW

If the person you are discipling can't disciple someone else, you haven't made a disciple.

3

WHAT DO I HAVE TO DO? _____

All you have to do is open your life to someone else and help them follow Jesus as you are following Him. After all, that's what discipleship is, helping someone else follow Jesus.

What are some simple ways you can open up your life and walk alongside them?
The goal would be ...

ONE meal, cup of coffee or dessert shared **ONCE** a month.

TWO check-ins via phone, text or in person **EACH** month.

THREE meaningful activities enjoyed together, outside of home or town, **THIS** year.

ONE person.

ONE year.

What would your life look like at the end of the year? Theirs?
Only God knows!

“Now to him who is able to do far more abundantly than all that we ask or think ...”

Ephesians 3:20

SAMPLE QUESTIONS

- How are you doing?
- How can I pray for you?
- How is your family?
- What has God shown you recently?
- Is there a verse that brings you hope?
- What is one thing God has shown you recently during your quiet time?
- What's your salvation story?
- What's your next step?
- How is your prayer life?

KEYS TO SUCCESS

Disciple One is built on a foundation of prayer and THREE key ingredients:

Intentionality.

Availability.

Accountability.

Open your life. Open your calendar. Open your Bible.

Set a time. Invite conversation. Learn and grow together.

PRAYER

Lord, as I build a deeper relationship with _____, help me be open and honest, help me to listen and for us to connect in meaningful ways. Help us to grow in our faith as we learn from one another. Father, have your way in our conversations and exchanges. Glorify yourself and draw us closer to you and each other. In Jesus' name, I pray, AMEN.

SHARE STORIES

Stories encourage us and help us learn new ways of doing things. Therefore, we have created d1stories@bethelsumter.com to exchange ideas, share connections made with your D1, pass along a prayer request or ask questions along the way. You can also text those things to 803-983-0979 if you prefer to text versus email.

GETTING STARTED

Here is an example of how you might ask your D1 to join you this year.

Over the next year, I'd like to open my life to you. ... I'd like to meet with you once a month to share a meal or grab coffee AND touch base regularly — to hear how you're doing and how I can pray for you.

Would you be interested in something like that? ... Would you be willing to do the same?

2

Who is ONE person of the same gender that you can open your life to this coming year?

Who just came to mind?

ADDITIONAL RESOURCES

- Distinctive Discipleship: Designing Specific Plans for Christian Maturity by Travis Agnew
- Growing Up: How to Be a Disciple Who Makes Disciples by Robby Gallaty